

## **Tips for Parents**

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It would be very helpful if you could refer to the following tips and reminders in relation to school life.

- Learning work is a vital part of homework each night. This may include poetry , prayers, songs, vocabulary etc.
- In more senior classes facts related to History, Geography and Science need to be memorized.
- Reading. Give child down time to read before bed. If it's a younger child read to them each night. TV /screen games cause children to be over active and unable to sleep.
- Hear children's reading homework each day. Ask them to read out loud to you.
- Ensure that children get adequate sleep for their age each night.
- Please ensure that handwriting , punctuation and spelling in the homework are the child's best efforts.
- Tables are vital to progress in maths at all stages. Hear child's tables every day.
- Ensure child has no distractions when doing homework – a quiet location, a suitable uninterrupted block of time and only the equipment they need for working.
- It is vital to check that all homework is completed before signing notebook.
- If your child is ill please send in a note (not in homework notebook) when they return to school.
- Check “Your Child in Scoil Mochua” for recommended length of time for homework. Stop if parent is happy that child has concentrated fully for that time. Do not allow homework to go on and on. Sign notebook with explanatory note if this occurs.
- Our policy on wearing on jewellery , nail varnish and make up. For Health and Safety reasons children may wear stud earrings only. Nail varnish or make up of any kind is not allowed.
- If you are concerned about any aspect of your child's school life please contact the secretary to make an appointment with class teacher / principal. It is most important that you access this procedure so difficulties can be addressed through the correct channels.

**Many thanks for your cooperation on all suggestions above.**