

Name _____

Positive expression

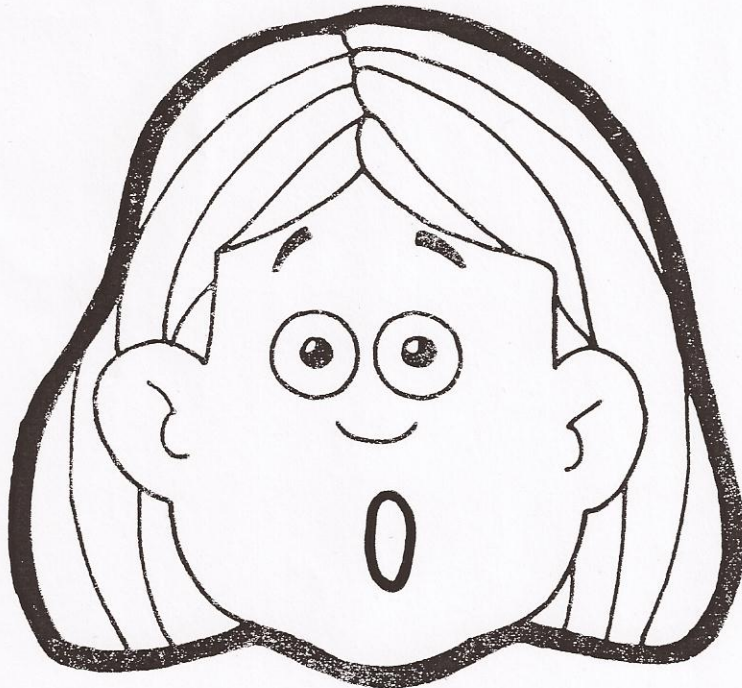
Feelings Puppets

Materials Needed:

4 craft sticks
crayons or markers
scissors
glue

Directions:

1. Color the faces and cut them out.
2. Glue a craft stick to the back of each face as a handle for your Feelings Puppets.



Teacher: Use modeling to show your students how to put their feelings into words instead of actions. Make statements expressing feelings using the phrase *I feel*. (*I feel sad when I hear people say unkind things. I feel happy when I see someone smile.*) Explain to students that expressing feelings in this manner helps to avoid conflict or misunderstanding with others. Have students practice expressing their feelings by acting out situations with their Feelings Puppets. Remind students to begin their sentences with the phrase *I feel*.