SPHE – Road Safety

**SPHE – Dance:** [Safe Cross Code Dance](https://www.rsa.ie/en/RSA/Road-Safety/Campaigns/Current-road-safety-campaigns/Safe-Cross-Code/Safe-Cross-Code-Dance/)

We challenge you to learn the dance and perform it for your family. Get your siblings involved if you can, especially if you have younger siblings.

Design a poster for the safe cross code, make it relevant to where you live – housing estate, in the countryside, on a main road etc.

Cycle safety - [Read](http://roadsafetyweek.org/assets/docs/PDFs/safenz2.pdf) about cycle safety, sketch a picture of your bicycle and put information bubbles around it with important checks to perform before you go cycling.

Read the [information booklet](https://www.rsa.ie/Documents/Campaigns/Wrecked/Downloads/Cycle%20safety%20booklet.pdf) with your family, discuss what you already knew, what you have learnt from it and what will be sure to pay extra attention to in the future.

Discuss the “[Sharing the road with cyclists](https://www.rsa.ie/RSA/Road-Safety/Campaigns/Current-road-safety-campaigns/Cyclists/)” campaign with your family.

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| **What I Already Knew** | **What I Have Learnt**  | **Important Point To Always Remember** |
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**Cycle Safety Videos:**

[Cycle Smart Cycle Safe](https://www.rsa.ie/RSA/Road-Safety/Campaigns/Current-road-safety-campaigns/Cycle-Smart-Cycle-Safe/) [Blind Spots For Trucks](https://www.youtube.com/watch?v=VXgFnojE--k) [Cycling Safely](https://www.rsa.ie/RSA/Road-Safety/Campaigns/Archived-Campaigns/Cycling-Safety/)