Hi Boys and Girls,

We hope that you are all well. This week is ‘Sports Week’, unfortunately we can’t have a school sports day this year, but instead we are having a ‘Sports Week’ at home, including a ‘Sports Day at Home’. A full week in which you are encouraged to get active and have fun. **You have no other work this week!!!**

We ask that you look at all the activities and challenges on the website and try as many as you can. You could try a few each day. The highlight of Sports week is our ‘Sports days at Home’ which you can attempt on Tuesday and Wednesday. There is a ‘Sports Day’ PowerPoint with many fun activities and challenges laid out for you to try, on the website. It contains descriptions and even video links

We have created a special link to a **‘Padlet’** page, where you can post details, at any time, of the fun sports activities you have done throughout the week. It would be fantastic if you could post a few things. You could post a short description, an illustration, a screenshot of a run/walk route, or a photo. It is very important that you do not post any photos of your own face or anybody else’s face in your padlet posts.

You can, if you wish, complete the ‘Sports Week Activity Log’ on each day, listing the different activities you have completed.

There are a huge amount of activities for you to try, so give them a go! Our personal favourite is the 5km challenge. Sports week is all about having fun, you can include your family if you wish, or even your pets!

We hope you have lots of fun, and hopefully we get some nice weather!!!!

P.S: Look out for the teacher’s padlet!

Kind regards,

Mr.Hannan, Ms.Brennan & Ms.Lally